



What's all the HYPE about HANDWASHING?

There's a lot of hype about handwashing to prevent the coronavirus.

That is because **handwashing** is the most effective way to get rid of germs that cause illness and prevent spreading them to others.

In fact, researchers say that if everyone routinely washed their hands, it could save a million lives each year.*

** www.cdc.gov/healthywater/hygiene/fast_facts*

The bottom line is...HANDWASHING SAVES LIVES.

That is why EVERY DAY we teach men, women and children in developing communities across the world about handwashing.

HERE ARE THE **6 STEPS** WE TEACH IN OUR HEALTH & HYGIENE PROGRAM:

- 1.** Wet hands with water (clean/safe water)
- 2.** Add soap, make bubbles
- 3.** Rub your hands together briskly for at least 20 seconds
- 4.** Wash between your fingers and under your nails
- 5.** Rinse and pour clean water over your hands
- 6.** Dry your hands; shake them in the air



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- ◆ Thousands of individuals have participated in Healing Waters' Health & Hygiene Program since its inception, in countries across the world.
 - ◆ Men, women and children have learned about the importance of drinking safe water, handwashing, nutrition, and other life-giving topics through our Program.

FIND OUT HOW **YOU** CAN BE A PART OF SAVING LIVES THROUGH OUR H&H PROGRAM

HealingWaters.org